

**Our Lady Help of Christians and St. Oswald Catholic Church**  
Cae Nef, Upper Brook Street, Oswestry, Shropshire, SY11 2TG

**Priest: Fr. Philip Kuzhiparambil cmi**  
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#### **First Sunday in Lent (22/02/2026)**

Sat 21 Feb	6.30pm	Parishioners
Sun 22 Feb	10.00am	Frances Rowe
Mon 23 Feb		No Mass
Tue 24 Feb	9.30am	Departed Family of Coleen Hughes
Wed 25 Feb	9.15am	Rosary, Novena, Holy Mass, Liam McBrain
Thu 26 Feb	9.15 am	School Mass
Fri 27 Feb	11.00am	Adoration of the Blessed Sacrament
	11.30am	Stations of the Cross
	12.00pm	Deacon Steve McKenna, <b>CAFOD Family Fast Day</b>

#### **Second Sunday in Lent (01/03/2026)**

Sat 28 Feb	6.30pm	Kevin Kirk
Sun 1 Mar	10.00am	Annnamma Kora

#### **Sunday Offerings**

Weekly collection: Loose: £200.01, Envelopes: £134.00 Total: £334.01. Thank you for your generosity.

#### **Parish Memorial Book**

David Davies, one of our long-standing parishioners, has been compiling and updating the memorial book displayed in Our Lady's Chapel for over 20 years. David will be leaving the parish within the next few months. We would like to take this opportunity to thank David for his work, dedication and most of all for his wonderful and gentle presence in the parish. We are looking for a parishioner who would be willing to take on the important role of commemorating our parishioners who have died. If someone can come forward soon, David has offered to show them what is involved; he assures us it is not a complicated or time-consuming role. If you are interested, please speak to Fr. Philip as soon as possible.

#### **Tea/Coffee after Mass on Sunday 22<sup>nd</sup> February**

Please join us for tea or coffee and a chat with fellow parishioners after Mass. Donations for teas/coffees contribute towards the Boiler fund and will be gratefully received.

#### **Lenten Pastoral Letter**

“A Church Ready for Converts”: a pastoral letter from Bishop Mark will be read at

the Masses this weekend. The letter addresses the new and happy challenge of supporting an increasing number of men and women, many young adults, seeking the faith of the Church. A prayer card to accompany the Pastoral Letter is available at the back of the church.

#### **Lent Family Fast Day Appeal 2026**

This takes place on Friday 27<sup>th</sup> February. CAFOD Fast Day envelopes will be given out at the Masses this weekend and collected the following weekend 28<sup>th</sup> February/ 1<sup>st</sup> March. Let us remember the poor people suffering throughout the world and donate generously.

#### **Church Cleaning**

On Saturday 28<sup>th</sup> February there will be church cleaning at 9.30am. I am hopeful that during this Lenten season, as a penance, more parishioners will join the church cleaning. All are welcome.

#### **Confirmations 2026**

There are 13 young people in our parish who have applied to be confirmed this year. The candidates are about to begin the programme of preparation for Confirmation. On Sunday 1<sup>st</sup> March, at the 10am Mass, there will be a short service of Enrolment after the homily to mark the beginning of the journey to Confirmation. Please pray for the candidates as they take this important step in their lives.

#### **World Day of Prayer**

This year the World Day of Prayer is taking place at Hope Church on Friday 6<sup>th</sup> March at 2p.m. The service has been prepared by an ecumenical group of Christian women from Nigeria. You are all welcome to attend.

#### **Station of the Cross**

During the Lenten season, we will pray the Stations of the Cross every Friday at 11.30am before Holy Mass.

#### **Lenten Almsgiving Box**

Please see the Lenten Almsgiving Box on the table at the back of the church. You are most welcome to drop your donation in the Lenten Almsgiving Box.

#### **Sick and Housebound**

Please remember in your prayers our parishioners who are sick and housebound: Susan McCartney, Margaret Bacon, Hilda Morgan, Liz Forest, Aileen Antony, Marian Tolley, John Edwards, Caroline Edwards, Linda Strohacker, Claire Smart, Eileen Iles and diocesan sick clergy and religious sisters.

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# First Sunday of Lent

## Year A

### The Introductory Rites

Priest: In the name of the Father, and of the Son, and of the Holy Spirit.

Response: Amen

All: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

P: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. R: Amen.

P. Lord, have mercy. R. Lord, have mercy.

P: Christ, have mercy. R. Christ, have mercy.

P: Lord, have mercy. R. Lord, have mercy.

P: Let us pray.

### The Liturgy of the Word

First Reading: Genesis 2: 7-9, 3: 1-7

Responsorial Psalm: **Have mercy on us, O Lord, for we have sinned.**

Second Reading: Romans 5: 12-19

Gospel Acclamation: **Glory and praise to you, O Christ.**

**One does not live by bread alone, but by every word that comes forth from the mouth of God.**

**Glory and praise to you, O Christ.**

Gospel: Matthew 4: 1-11

### The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, (At the words that follow, up to and including the Virgin Mary, all bow. who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### The Eucharistic Prayer

P: The Lord be with you.

R: And with your spirit.

P: Lift up your hearts.

R: We lift them up to the Lord.

P: Let us give thanks to the Lord our God.

R: It is right and just.

**Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

P: The mystery of faith.

R: We proclaim your Death, O Lord, and profess your Resurrection, until you come again.

### The Communion Rite

P: At the Saviour's command and formed by divine teaching, we dare to say:

**All: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.**

R: Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.

P: Behold the Lamb of God, ....

R: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.