

**Our Lady Help of Christians and St. Oswald Catholic Church**  
Cae Nef, Upper Brook Street, Oswestry, Shropshire, SY11 2TG

**Priest:** Fr. Philip Kuzhiparambil cmi  
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**Third Sunday of Lent (08/03/2026)**

Sat 07 Mar	6.30pm	Parishioners
Sun 08 Mar	10.00am	Parishioners
Mon 09 Mar		No Mass
Tue 10 Mar	9.30am	Members of Iles Family
Wed 11 Mar	9.15am	Rosary, Novena, Holy Mass, Aron and Collin
Thu 12 Mar	9.30 am	Eucharistic Service in the Convent
Fri 13 Mar	11.00am	Adoration of the Blessed Sacrament
	11.30am	Stations of the Cross
	12.00pm	Conning Family

**Fourth Sunday of Lent (15/03/2026)**

Sat 14 Mar	6.30pm	Doreen Mary Killiner
Sun 15 Mar	10.00am	Parishioners

**Sunday Offerings**

Weekly collection: Loose: £223.78, Envelopes: £141.00 Total: £364.78. Thank you for your generosity.

**Parish Safeguarding Representative**

I am very happy to announce that the diocese has appointed Mrs. Julia Thomas as our parish safeguarding representative. The parish community offer their support, prayers and best wishes as Julia takes on this responsibility.

**Parish Memorial Book**

Congratulations and prayerful wishes to Mrs. Margaret Williams, who has opted to do this responsible work for the Parish. Special thanks to David Davies for doing this work for the last 25 years.

**Lent Family Fast Day Appeal 2026**

The CAFOD family fast day on 27<sup>th</sup> February and the collection last weekend raised £439.50. Thank you very much for your generous contributions.

**Cards and gifts for Confirmation**

As mentioned last week, we are delighted that there are 19 candidates for Confirmation this year. If any family members or friends would like to buy cards or gifts, they are welcome to buy these from the Parish Piety Stall. Pam has a catalogue of cards and gifts for Confirmation and would be happy to order any items that are not already in stock. If you would like to buy any items, please see Pam at the Piety Stall (after Sunday Mass) as soon as possible, and not later than 29<sup>th</sup> March, so that any orders can be placed to ensure delivery in time for the Confirmations. The Piety Stall is outside the front door of the Church.

**Open Door teas and coffees**

On Wednesday 18<sup>th</sup> March, we will have the next monthly get-together for parishioners to enjoy tea, coffee, cake and a chat from 11am to 12.15pm in the church. This is an opportunity for parishioners to spend some social time together. Do come along if you can.

**Stations of the Cross**

During the Lenten season, we will pray the Stations of the Cross every Friday at 11.30am before Holy Mass.

**Lenten Almsgiving Box**

Please see the Lenten Almsgiving Box on the table at the back of the church. You are most welcome to place your donations in the Lenten Almsgiving Box.

**Sick and Housebound**

Please remember in your prayers our parishioners who are sick and housebound: Susan Mc-Cartney, Margaret Bacon, Hilda Morgan, Liz Forest, Aileen Antony, Marian Tolley, John Edwards, Caroline Edwards, Linda Strohacker, Claire Smart, Eileen Iles and diocesan sick clergy and religious sisters.

**The Diocese of Shrewsbury is a Registered Charity No 234025**

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# Third Sunday of Lent

## Year A

### The Introductory Rites

**Priest:** In the name of the Father, and of the Son, and of the Holy Spirit.

**Response: Amen**

**All:** I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

P: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. R: **Amen.**

P: Lord, have mercy. R: **Lord, have mercy.**

P: Christ, have mercy. R: **Christ, have mercy.**

P: Lord, have mercy. R: **Lord, have mercy.**

P: Let us pray.

### The Liturgy of the Word

First Reading: Exodus 17: 3-7

Responsorial Psalm: **O that today you would listen to his voice!  
'Harden not your hearts.'**

Second Reading: Romans 1: 1-2, 5-8

Gospel Acclamation: **Glory to you, O Christ, you are the Word of God.  
Lord, you are indeed the Saviour of the world;  
give me living water, so that I will not be thirsty.  
Glory to you, O Christ, you are the Word of God.**

Gospel: John 4: 5-42

### The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, *(At the words that follow, up to and including the Virgin Mary, all bow)*. who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### The Eucharistic Prayer

P: The Lord be with you.

R: **And with your spirit.**

P: Lift up your hearts.

R: **We lift them up to the Lord.**

P: Let us give thanks to the Lord our God.

R: **It is right and just.**

**Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

P: The mystery of faith.

R: **We proclaim your Death, O Lord, and profess your Resurrection, until you come again.**

### The Communion Rite

P: At the Saviour's command and formed by divine teaching, we dare to say:

**All: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.**

R: **Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.**

P: Behold the Lamb of God, ...

R: **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**