

**Our Lady Help of Christians and St. Oswald Catholic Church**  
**Cae Nef, Upper Brook Street, Oswestry, Shropshire, SY11 2TG**

**Priest: Fr. Philip Kuzhiparambil cmi**  
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**Fourteenth Sunday in Ordinary Time (5/7/2026)**

Sat 04 July	6.30pm	Parishioners <b>St. Elizabeth of Portugal, Q</b>
Sun 05 July	10.00am	Parishioners
Mon 06 July		No Mass
Tue 07 July	9.30am	Thomas Longueville
Wed 08 July	9.15am	Rosary, Holy Mass, Novena, Vernon Brown
Thu 09 July	9.30 am	Holy Mass
Fri 10 July	11.00am	Adoration of the Blessed Sacrament
	12.00pm	John Edwards

**Fifteenth Sunday in Ordinary Time (12/7/2026)**

Sat 11 July	6.30pm	Parishioners <b>St. Benedict, Ab</b>
Sun 12 July	10.00am	Deacon Joe

**Sunday Offerings**

Weekly collection: Loose: £193.80 Envelopes: £142.00 Total: £335.80.  
Thank you for your generosity.

**Peter's Pence Collection.**

The collection for Peter's Pence last weekend raised £165.44 to support apostolic and charitable works. Thank you for your generosity.

**Healing Service Sunday 19<sup>th</sup> July at 3pm – Message from Deacon Joe**

'The Holy Spirit intercedes for us'

There will be a Healing service on Sunday 19<sup>th</sup> July at 3pm, in the Church. This is an invitation to come to the Lord and pray for yourself, your family and others and to offer to Jesus your deepest needs. A music team are coming to aid our time of prayer. There will be a talk on healing by Deacon Joe and a period of healing prayer. Please invite anyone you think might like to come along.

**Open Door teas and coffees**

On Wednesday 15<sup>th</sup> July we will have the next monthly get-together for parishioners to enjoy tea, coffee, cake and a chat from 11am to 12.15 pm in the church. This is an opportunity for parishioners to spend some social time together. Do come along if you can.

**Collection for Stella Maris**

There will be a second collection at Masses next weekend, 11<sup>th</sup> and 12<sup>th</sup> July, for the Stella Maris charity, also known as the Apostleship of the Sea, which is an international charity supporting seafarers.

**Piety Stall**

The Piety Stall (open after 10am Sunday Mass) sells cards and religious gifts for all occasions at very reasonable prices. Come and see what is on offer.

**Quiet Retreats for Adults this October**

During October half term, Castlerigg Manor is running a quiet retreat for individual adults who want to spend a few days of peace, relaxation and prayer in the Lake District. Each day there will be a talk, Mass, and evening prayer, and then a lot of time to explore the area, pray, or just simply relax. Book at Events — Castlerigg Manor or contact: [director@castleriggmanor.co.uk](mailto:director@castleriggmanor.co.uk)

**Parish Finances**

A big thank you to all who felt able to take Gift Aid and Standing Order forms after the recent talk. Please complete them asap, and return the Gift Aid forms to Fr Philip and the Standing Order forms to your bank. For those who missed the talk, copies of the explanatory leaflet are available at the back of church. Please take one, and a Gift Aid and Standing Order form if you feel able to help the parish financial situation.

**Foundation Governors needed for Our Lady & St Oswald's R C Primary School**

Our Primary School is seeking two practising Catholics to serve as Foundation Governors to support Catholic education and ensure the school continues to flourish in faith and learning. This is a voluntary role. No education experience is required, as training and support are provided. Current Foundation Governors are happy to discuss this further – please leave your details with Fr. Philip and one of us will get in touch, or you can contact the school office for further information about the application process.

**Mass Intentions, Urgent**

We have no Mass Intentions at present, and these are urgently needed. Please use the Mass Intention Form at the back of the church, fill it in with the details of the intention in capital letters please, and leave it with a donation in the sacristy. Thank you.

**Sick and Housebound**

Please remember in your prayers our parishioners who are sick and housebound: Susan McCartney, Margaret Bacon, Hilda Morgan, Aileen Antony, Linda Strohacker, Claire Smart, Eileen Iles, Rosemary Cawley and diocesan sick clergy and religious sisters.

**The Diocese of Shrewsbury is a Registered Charity No 234025**

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# Fourteenth Sunday in Ordinary Time

## Year A

### The Introductory Rites

**Priest:** In the name of the Father, and of the Son, and of the Holy Spirit.

**Response:** Amen

**All:** I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

P: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. R: **Amen.**

P. Lord, have mercy. R. **Lord, have mercy.**

P: Christ, have mercy. R. **Christ, have mercy.**

P: Lord, have mercy. R. **Lord, have mercy.**

P: Let us pray.

**All:** Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

### The Liturgy of the Word

First Reading:	Zechariah 9: 9-10
Responsorial Psalm	I will bless your name for ever, my God and King.
Second Reading:	Romans 8: 9, 11-13
Gospel Acclamation:	<b>Alleluia, alleluia.</b> I thank you, Father, Lord of heaven and earth, you have revealed the secrets of the kingdom to little children. <b>Alleluia.</b>
Gospel:	Matthew 11: 25-30

### Profession of Faith

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (*At the words that follow, up to and including and became man, all bow.*) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

### The Eucharistic Prayer

P: The Lord be with you.

R: **And with your spirit.**

P: Lift up your hearts.

R: **We lift them up to the Lord.**

P: Let us give thanks to the Lord our God.

R: **It is right and just.**

**Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

P: The mystery of faith.

R: **We proclaim your Death, O Lord, and profess your Resurrection, until you come again.**

### The Communion Rite

P: At the Saviour's command and formed by divine teaching, we dare to say:

**All: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.**

R: **Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.**

P: Behold the Lamb of God....

R: **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**