

Our Lady Help of Christians and St. Oswald Catholic Church
Cae Nef, Upper Brook Street, Oswestry, Shropshire, SY11 2TG

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Eighteenth Sunday in Ordinary Time (02/08/2026)

Sat 1 Aug	6.30pm	Parishioners
Sun 2 Aug	10.00am	Parishioners
Mon 3 Aug		No Mass, St. Oswald, K, M
Tue 4 Aug	9.30am	For the priests of the diocese St. John Mary Vianney, P
Wed 5 Aug	9.15am	Rosary, Holy Mass, Novena, Family & Friends of Haigh
Thu 6 Aug	9.30 am	No Mass Intention, The Transfiguration of the Lord
Fri 7 Aug	11.00am	Adoration of the Blessed Sacrament
	12.00pm	No Mass Intention

Nineteenth Sunday in Ordinary Time (09/08/2026)

Sat 8 Aug	6.30pm	Parishioners, St Dominic, P
Sun 9 Aug	10.00am	Parishioners

Sunday Offerings

Weekly collection: Loose: £191.24 Envelopes: £117.00 Total: £308.24.
Thank you for your generosity.

Parish walk/meal Wednesday 12th August

This will be a stroll/walk from The Queens Head, near Oswestry (postcode SY11 4EB) along the canal, starting at 6pm, returning for a meal at The Queens Head at 7.30pm. It's a time to mingle and chat together. The walk is along the canal towpath and is level; we'll walk or stroll for about an hour. If you'd rather just come for the meal, that would be fine too. Please sign up on the list at the back of church for the walk+meal or just the meal **by Sunday 2nd August** so that we can confirm numbers for the meal - maximum number is 30. Please only sign up if you are definitely coming.

Church cleaning

A big thank you to parishioners who have kindly put their names on the list for church cleaning. It looks as though we can have a team on Saturdays (4 volunteers) and Wednesdays (2 volunteers) in alternate months. However, it would be appreciated if one or two others could volunteer for Wednesdays to make the task easier; we really need at least 4 people each time. Please add your name to the list at

the back of church indicating if you can help on Wednesdays. If you could help the team on Saturdays, please add your name to the list and write Saturday in the day column. Thank you.

Assisted Suicide (Dying) – new Bill introduced into Parliament

The *Terminally Ill Adults (End of Life) Bill* is back in the House of Commons and seeks to legalise assisted suicide. It will have its Second Reading and vote on Friday, 11 September 2026. Please write to your MP to make your voice heard and oppose the Bill. "This bill is wrong in principle," says Archbishop Richard Moth, President of the Bishops' Conference, "It is also deeply flawed and, if passed, could lead to vulnerable people feeling pressured into ending their lives. The Bill has a serious lack of protection for health and social care staff and risks putting many wonderful hospices and care homes in the position of no longer being able to operate. I urge you to write to your Members of Parliament to petition them to vote against the Bill at Second Reading." Also, there is a danger that those pushing for Assisted Suicide will try to force the Bill through Parliament using the Parliament Acts without proper debate and scrutiny. The charity Right to Life UK has a simple online mechanism to contact your MP. It takes little more than a few minutes to enter your postcode, make sure the suggested text suits your viewpoint and submit your message to ask your MP to stop this flawed Bill progressing through parliament. Please read the statement available at the back of church. The Right to Life website has some very helpful information on this issue.

Piety Stall

The Piety Stall (open after 10am Sunday Mass) sells cards and religious gifts for all occasions at very reasonable prices. Come and see what is on offer.

Quiet Retreats for Adults this October

During October half term, Castlerigg Manor is running a quiet retreat for individual adults who want to spend a few days of peace, relaxation and prayer in the Lake District. Each day there will be a talk, Mass, and evening prayer, and then a lot of time to explore the area, pray, or just simply relax. Book at Events — Castlerigg Manor or contact: director@castleriggmanor.co.uk

Sick and Housebound

Please remember in your prayers our parishioners who are sick and housebound: Susan McCartney, Margaret Bacon, Hilda Morgan, Aileen Antony, Linda Strohacker, Claire Smart, Eileen Iles, Rosemary Cawley and diocesan sick clergy and religious sisters.

The Diocese of Shrewsbury is a Registered Charity No 234025

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Eighteenth Sunday in Ordinary Time

Year A

The Introductory Rites

Priest: In the name of the Father, and of the Son, and of the Holy Spirit.

Response: Amen

All: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

P: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. R: **Amen.**

P: Lord, have mercy. R: **Lord, have mercy.**

P: Christ, have mercy. R: **Christ, have mercy.**

P: Lord, have mercy. R: **Lord, have mercy.**

P: Let us pray.

All: Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Liturgy of the Word

First Reading: Isaiah 55: 1-3

Responsorial Psalm **You open your hand and fulfil us, O Lord.**

Second Reading: Romans 8: 35, 37-39

Gospel Acclamation: **Alleluia, alleluia.**

One does not live by bread alone, but by every word that comes forth from the mouth of God.

Alleluia.

Gospel: Matthew 14: 13-21

Profession of Faith

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (*At the words that follow, up to and including and became man, all bow.*) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

The Eucharistic Prayer

P: The Lord be with you.

R: **And with your spirit.**

P: Lift up your hearts.

R: **We lift them up to the Lord.**

P: Let us give thanks to the Lord our God.

R: **It is right and just.**

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

P: The mystery of faith.

R: **We proclaim your Death, O Lord, and profess your Resurrection, until you come again.**

The Communion Rite

P: At the Saviour's command and formed by divine teaching, we dare to say:

All: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

R: **Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.**

P: Behold the Lamb of God....

R: **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**